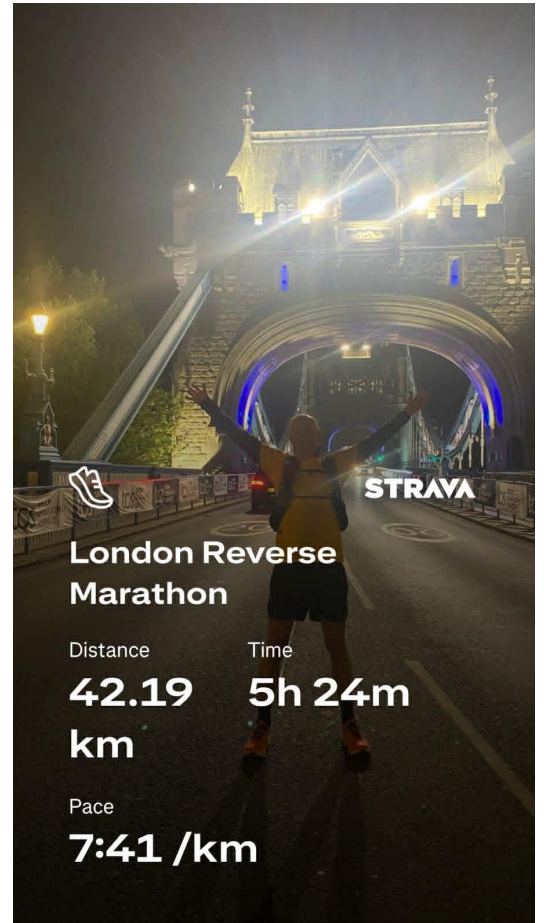


PHOTOS OF THE MONTH!



Kurt knew he shouldn't have visited the magic circle on the eve of his marathon!

This just looks great fun!
Definitely worth a Race Report
Jeff!



Stilton Striders Race Results Report April 2026

Stilton Striders Race Results - April 2026

Saturday 4th April

Canix Fur Nations – Wales Day 1

5K: Jef Todd 22:28

Sunday 5th April

Bristol Brabazon Half Marathon

Paul Jacobs 1:41:48

Canix Fur Nations – Wales Day 2

5K: Jef Todd 22:14

Monday 6th April

Canix Fur Nations – Wales Day 3 – Beach Race

2 Mile: Jef Todd 13:21 (unofficial)

Sunday 12th April

Leicestershire Big 10k

Rob Mee 42:42; Tony Oakes 51:44; Sandy Barnacle 56:00; Bob Barnacle 56:00

Boston Marathon

Courtney Lightfoot 4:03:51

Brighton Marathon

Adam Hopton 6:09:39

Rutland Spring Half Marathon

Andy MacKay 1:29:20; Jamie Dean 1:35:34; Jef Todd 1:38:53; Nikola Dolphin-Rowland 1:56:51; Liz Gard 2:13:59

Saturday 18th April

Parkrun Achievements

Market Rasen Racecourse: Tom Hansen 16:24 (1st place and PB)

Troon: Dan Kelly 17:17 (2nd place)

Melton Mowbray: Paul Ravenscroft 20:22 (3rd place)

Thorseby Park Canicross 5k

Gemma Knott & Kiko 21:21 (1st female, 3rd place)

Stilton Striders Race Results - April 2026 Cont-

Sunday 19th April

Newport Marathon

Rhiannon Baxter 3:12:23

Manchester Marathon

Kurt Wilson 3:17:20; Jamie Dean 3:23:56; Chris Page 3:35:17; Rachel Wade 3:45:16; Lewis Hyde 3:59:34; Andrew Wilson 4:08:11; Suzie Skelton 5:58:07; Jake Burdett DNF

Saturday 25th April

Parkrun Achievements

Melton Mowbray: Paul Ravenscroft 20:15 (2nd place)

Sunday 26th April

London Marathon

Tom Hansen 2:50:34; Gavin Shilham 3:09:23; Tom Wilkinson 3:39:04; Joe Foster 3:40:48; Greeba Heard 3:42:37; Mark Tyler 4:35:10; Rebecca Forrester 4:11:48; Melissa Harley-Hotchkiss 5:12:36; Emma Watson 6:05:37

Shakespeare Marathon

James Sutton 3:12:02; Duncan Greene 3:42:05; John Houghton 5:36:36 (pacing)

Grantham Triathlon

Sam Judge 1:31:51 (*Swim*: 6:58; *Cycle*: 57:36; *Run* 22:44)

Stilton Striders Race Results Report April 2026

Jamie Dean

April running report What a month for me, two massive pb's. The first at the spring Rutland half marathon, a very hilly challenging course, I was aiming for around 1 hour 40 and came in at 1.35.34 in position 39 out of 695 runners, also coming 3rd in my age category m 40-44. Then a week later i take on the Manchester marathon for the second time, I was aiming for 3.30 and came in at 3.23.26, knocking a massive 25 minutes of from last year and 18 minutes of from when I did London in 2024. All the training and hard work has truly paid of, I'll keep going and keep aiming for more pb's as the year continues.



Hi all. Having a nights sleep to decompress, I just want to say a big thanks for all the messages. Thanks to the club for the place and those who I've run with over the last few months in prep, I've really enjoyed training for it, even being dragged around by the FFs on a Wednesday evening!. I've done a few marathons but this was out of this world, an amazing experience. Warm weather caught up with me coming out of Canary wharf, but happy with my time. Thankfully I have a meeting in central London today, although the tube stairs are being very unforgiving! Bring on Manchester next year....

Tom won the London Marathon Club place last year and I think we can all agree what a great opportunity this provides for a member so please do remember to enter the club place ballot when the opportunity arises. Keep your eyes peeled for the voting on the proposed criteria to be considered for the London Marathon club place.

TRACK SESSION AND STRUCTURED SESSION NEWS

The final TRACK session of this block is Friday 8th May

A big thank you to our coaching team for their time spent with organising these sessions and tailoring them towards your training goals.

More sessions will be booked for the dates of

- Friday 19th June
- Friday 24th July
- Friday 21st August
- Friday 18th September
- Friday 9th October.

Structured session dates are-

- Thursday 14th May
- Thursday 21st May
- Thursday 28th May
- Thursday June 4th



ALL SESSION START AT 6.30PM

Keep your eyes peeled for further details on this along with many more structured sessions planned for Thursday nights all of which will compliment the track sessions.

Wednesday Club Run is now Summer Outrun season until the end of August.

As mentioned if you would still like to continue running on road and not off road then please do utilise the Club WhatsApp or Facebook group to arrange a run with your fellow club mates



Friday Social Run 12pm– Look out for posts on the club Facebook and WhatsApp group for details each week. It's a wonderful way to spend your lunch hour and the cake is delicious! Happy travels to Rob & Sharon.



Summer Outrun Season is here, HUZZAHH!!

Yes that's right Summer Outrun season is upon us and we will be heading away from our base at the Melton Rugby Club each week to explore an off road route from a local village surrounding the Melton area. The routes all start at **7PM** from a public house and head out to explore a 5ish mile area along public footpaths before finishing in time for a refreshing drink and bite to eat if wish. The pace ensures that we all stay together throughout. There is also interest from a few for leading a shorter walking route including the very first one from The Grange.

It is always gratefully appreciated for volunteers to offer to lead a route.



Here is the summer season calendar so far, these will also be placed onto our club calendar on our website-[Existing Members](#) -

May 6th– The Grange– walking option available

May 13th– Asfordby

May 20th– LRRL Watermead 10k TO BE CONFIRMED

May 27th– Somerby

June 3rd– Stathern

June 10th-

June 17th– Three Club Challenge (we are hosting)

June 24th– Kinoulton

July 1st,

July 8th,

July 15th– No Watch Race

July 22nd– Branston

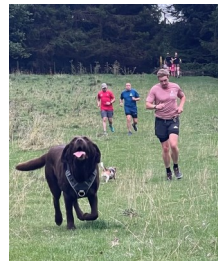
July 29th– Tilton on the Hill

August 5th– LRRL Joy Cann 5

August 12th– Club Handicap Race

August 19th– Somerby

August 26th– The Grange Cake Run!



If you would like to lead an outrun then please do let me know. I am very happy to plot a route if this helps. All we ask is that if you could please recce the route before hand for nettles, livestock etc to make your fellow club mates aware. For those who want to continue with their road running then this is not a problem and you are still most welcome to meet at the village of where the outrun is being lead from or the Ruby Club, although this may not be open during the summer period. Please do ask away if you have any questions about the outruns or road runs.

Leicestershire Road Running League 2026 Race Calendar

UPDATE TO COUNTY STANDARDS

There has been a recent update to the LRRL County Standards, please click on the link below to read the details further.

[County Standards - 2026 Update](#)

[COUNTY STANDARDS | Leicestershire Road](#)

To learn more about the Club Standards follow this link- [Club standards – Stilton Striders](#)

PLEASE remember to use your name as it appears on your England Athletic membership when entering the races.

Race 3 - Bosworth Half Marathon - Sunday 10 May Entries still available

[Bosworth Half Marathon 2026 - Online entry via EventEntry](#)

Race 4- Watermead 10k - Wednesday 20th May (DEPENDANT ON BRIDGE REPLACEMENT)
[Barrow Runners Watermead 10K 2026 - Online entry via EventEntry](#)

Race 5- West End 8 - Sunday 31 May

Race 6 - Swithland 6 - Sunday 7 June

Race 7 - Steve Morris 5 - Sunday 28 June

Race 8 - Desford 6 - Wednesday 5 August

Race 9 - Hermitage 5 - Thursday 27 August

Race 10 - Hose 10 - Sunday 13 September **HOSTED BY US!!!**

Race 11 - Markfield 10k - Sunday 27 September

Race 12 - Rotherby 8 - Sunday 4 October

Scoring 2026

The Teams competition will be a best 9 of 12 events, with the Individuals competition being a best 8 of 12.

In the event the Watermead 10k race cannot take place, scoring will be equal to the 2025 competition, being a best 8 of 11 for Teams, and a best 7 of 11 for Individuals.

Striders AGM

Wednesday April 15th at 8pm at the Rugby Club.

Our annual AGM on Wednesday 15th April was well attended by 54 members. Lots of matters were discussed by all including the success of the past year for the club, some of which are the implementation of the Track Session, four England Athletic and affiliated courses completed by members, a new coaching team for the Juniors, a new run leader for the Seniors, the opening of the relief road run, continuation of our Structured session and Friday Social Run, Strider of the Month, as well as all the members who offer time volunteering to ensure our club is a great one!

The London Marathon club place, created much discussion with various suggestions of how this can be allocated to a member. After further discussion of these at the next Committee Meeting towards the end of May a voting system will be created for members to decide on how the marathon place should be offered out.

The treasurer report, a first one for Lewis, provided members with a clear insight into the club finances and an explanation of this along with the new membership fee.

Suzie provided an update on the fantastic progress of the Juniors, including herself and Jo Toon stepping up to the Coaching roles with much passion and a renewed energy along with support of the ever present Ian Johnson, all making for a great Tuesday night session for the clubs younger members.

The new pricing is as follows-

Senior (1st claim) £34 to £37

Senior (2nd claim) £15 to £18

Junior (11+) £28 to £31

Junior (<11) £12 to £15

Pensioners £26 to £29 (over state pension age)

Students/unwaged £21 to £24

If not already done so then please pay your membership fee

Grand opening of Melton's Relief Road Run, Saturday 9th May

Our very own Johnny Boy Houghton contacted the Melton Borough Council requesting an opportunity for the Stilton Striders to officially open the Relief Road in Melton.

Instructions provided by Leicestershire County Council-

-The run will take place at 11am on Saturday 9th May. Runners to arrive at 10.45am via the site entrance on Nottingham Road roundabout, marshals will direct you to the event parking.

-Meeting point will be the site compound/carpark

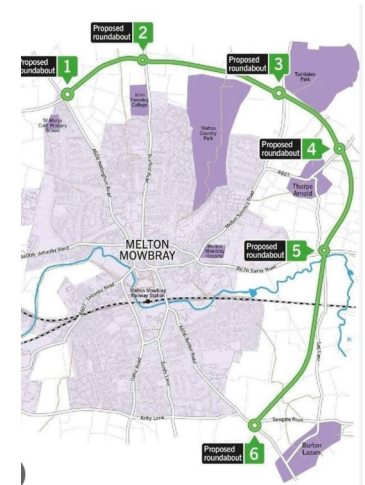
-Toilet facilities will be made available

-The run will commence at roundabout 1 at Nottingham Road taking in Roundabout 2 Scaford Rd, to (But not around) roundabout 3 on Melton Spinney Rd, and back again.

-The overall distance is 5.2km, paced to be approximately 7min km pace to ensure we all stay together and therefore temporary traffic management on Scaford Rd Roundabout is kept to a minimum.

-Runners can run at their own pace on the final section from Scaford Rd to Nottingham Rd if desired.

-The event is restricted to Adults Only and instructions from staff should be followed at all times. Runners attending the event do so at their own risk. The council and its contractor Galliford Try except no liability for loss or damage.



DONT FORGET TO WEAR YOUR CLUB TOP.

Club kit orders ready for collection!

In need of a club top– New or Old– then Melton Sports and the Club Kit Exchange can help!

For those who have recently placed an order with Michael they are now ready for collection from Melton Sports.



STRIDER OF THE MONTH-

Once again we have received a huge amount of votes for many members with a tie this week- So it was left to Bramble and her ball rolling to make the final decision and so the ball decided- **This months very worthy winner is– Captain Kurt Wilson!**

Here is Kurts nominations-For his epic Manchester marathon run and excellent PB.

For his PB's at both ends of the distances and only 1 week apart, Marathon then 5k, takes some doing.

He has improved immensely after injury last year, with a structured training plan attending many of the Wednesday Fartlek sessions. He has done a monthly half marathon race as well as 2x20 mile races leading up to the Manchester marathon. His pace has constantly improved with many PB's at parkrun, Half Marathons, and an outstanding 3h 17m PB in Manchester. Very worthy of this months Award.

A brilliant Marathon in Manchester. An amazing captain and has always shown compassion, inclusion and support in all of the Super Half Marathons I have completed.

Achieved a PB in the Manchester Marathon and then just a week later pulled a PB out the bag at the Watermead parkrun, getting a first sub 20min 5K.

Other nominees where-

Mark Tyler- He has battled injury for months now and still completed the London marathon raising lots of money for his chosen charity. *He excels himself every week and he trained so hard for the London Marathon to achieve a good time to continue his high standards. A hamstring injury forced a rethink but he still finished 90 minutes within his revised target time. *Always really encouraging and positive and despite being injured he remained positive and still completed the London Marathon. *For persevering through injury to churn out a London Marathon, which I know he would have rather have raced if he had been able to! *Badly injured prior to the London Marathon but he still did it and was able to smile afterwards. Shows you can turn adversity into triumph.

Suzie Skelton- *Despite losing her mum she still turned up and ran the Manchester Marathon and in an amazing time. She is a true inspiration. *For her incredible Manchester Marathon. She is such an inspiration and truly deserves it. *For completing the Manchester Marathon just after losing her mum.

Rachel Wade- *For completing the Manchester marathon in an incredible time just a few months after her hip operation. An absolutely amazing feat of recovery. *To come back strong after hip surgery just a year ago and deliver a 3h 46m Manchester Marathon was incredible. Her Determination and resilience has shone through and something to be proud of.



Rhiannon Baxter- *A standout out performance and time in the Newport Marathon, something only magnified by what we know it takes to even get there, let alone to that level. *For a brilliant Newport Marathon, in a time of 3h 12m. Something that the vast majority of Striders would struggle to achieve.

Jamie Dean- *He turns up every week and gives it everything, whether it's around Melton streets or outruns. *He did so well in the Manchester Marathon, in a time of 3h 20m

James Sutton- For completing a 50k Ultra, and then followed that up 7 days later with the Shakespeare Marathon.

A massive well done to all who have been nominated by fellow club mate. There has been an incredible amount of votes this month so do keep them coming in for Aprils Strider of The month. **A Big Fat Thank you to Tony** for taking the time to encourage us all to vote for a member each month. It is amazing how much it can makes someone's month!

Not only does Tony take lead on The Strider of the Month voting he also does a grand job of collating all of your results and also the members Race reports. Race reports are a great way to tell your fellow club mates all about your recent run, race, event that you have taken part in. It does not have to be war and peace, two or three sentences and a couple of pictures would be wonderful. For example your could mention- the scenery, the course, the weather, the terrain, how you felt, was it a pb or first time achievement, did you not finish, you do not have to mention your finishing time. BUT they DO provide a great read!

Lets celebrate your achievements-

SOCIAL MEDIA POSTS Put the Striders Running Club out there! By simply adding Stilton Striders @stiltonstridersrc and @stiltonstridersrunningclub to your posts can boost our Social Media profile..

Striders WhatsApp and Facebook Group is another way to chat to your fellow club mates for anything running related, maybe you would like to have a trot with another runner or need advice.

To join then please contact Emily Howett on 07772409506

Marathon World Records!



I am completely blown away by all of our club mates achievements this month especially those who completed the mammoth distance of a marathon. As Johnny always says, marathons do not take any prisoners and for some of us who have perhaps completed a few marathons, it is so easy to forget how tough our first marathon was— mentally as much as physically. The ability to keep going mile after mile whilst telling yourself 'I can do this' with your body aching and energy levels reaching what feels like an all time low is a testament to your mental strength and training. AND THEN this strange phenomenon happens when you cross the finish line, you sign up for another marathon a day or say later! BONKERS!!

So not only did many of you achieve greatness with distance and times during April but so did many top elite athletes. World record breaking times were set for both male and female at the London Marathon with Kenyan runner Sebastian Sawe finishing in a phenomenal time of 1:59:30 closely followed by Ethiopian runner Yomif Kejelcha finishing in 1:59:41 in his first ever marathon! The ladies record (womens only race) was broken by Ethiopian runner Tigst Assefa, who also broke her own previous time, in a time of 2:15:41 and the first time three women have ever finished a marathon all under 2hrs 15mins.



Many other records broken included the fundraising record which reached 87.5million for various charities, topping last years record and is also the biggest one day fundraiser event in the world! This year's edition of the race also broke the Guinness World Record title for the most finishers in a marathon, with 59,830 people completing the event. Additionally

38 Guinness World Records titles were broken from 71 attempts-

- Alexander Betts: **Fastest marathon dressed as an academic** – 2:55:26
- Archie Hunt: **Fastest marathon dressed as a book character** – 2:27:41
- Ben Green: **Fastest marathon dressed as a supervillain** - 2:48:15
- Boudewijn Dominicus: **Fastest marathon wearing a suit and dress shoes** - 3:21:42
- Chelsea Grogan: **Fastest marathon with multiple sclerosis** - 2:59:32
- Chris "Rhino Boy" Green: **Most marathons run in the same three-dimensional costume** - 132
- Dale Palmer: **Fastest marathon in netball kit** - 3:28:51
- Dan Hudson: **Fastest marathon dressed as a microphone** - 03:35:51
- ♦ George Carley: **Fastest marathon dressed as a cheerleader** - 2:46:48
- Harley Law: **Fastest marathon dressed as a mythical creature** - 3:49:56
- Harley Smith: **Fastest marathon wearing foam clogs** - 2:47:42
- Harriet Lucero: **Fastest marathon dressed in a football/soccer kit** - 4:52:17
- Iain Grigor: **Fastest marathon dressed as a train** - 4:43:46
- James Dowsett: **Fastest marathon dressed as a Knight** - 4:21:10
- Jennifer Ferris: **Fastest marathon with a double mastectomy** 3:24:45
- Joanne Robinson & Emma Langstaff: **Fastest marathon in a two-person inflatable costume**- 4:15:40
- Jorden Teunissen: **Fastest marathon wearing clogs** - 6:27:17
- Katie White: **Fastest marathon dressed in traditional Korean** - 04:13:03
- ♦ Keyur Gudka: **Fastest marathon dressed in traditional Indian dress** -3:08:10
- Mark Goulder: **Fastest marathon blindfolded (tethered)** - 3:16:46
- Mark Peart: **Fastest marathon in a firefighter's uniform** - 3:02:57
- Matt Batchelor: **Fastest marathon dressed as a three dimensional toy** - 4:19:23
- ♦ Megan Sullivan: **Fastest marathon with unilateral hip replacement** - 4:44:33

Perhaps we could attempt to brake our own records!

Have a wonderful May all!

