

## Beaumont



### *Running Club*

#### Advisory Note for Clubs

#### Markfield 10k Race Sunday 17 January 2016

Dear Club Chair

Please advise your club members of the important information below ahead of next Sunday's race.

#### Facilities

The Markfield 10k race is licenced for 700 competitors (up from 500 last year) as it is the first race (always busiest) and the additional clubs joining the league this year. As such, and responding to feedback from last year's race, we have expanded the facilities available at the Race HQ.

The school canteen will now be the location for the league officials' race registration desk, expanded refreshments and seating area, the sports clothing sales area, and some club's registration desks. The school gymnasium will be used for Race Information and the registration areas for other clubs.

There are the usual toilet facilities of course but a reminder that we don't have access to showers.

The race fee is £5 for 2016 winter league races.

#### Cancellation of Race

The event could be cancelled on the day if extremely poor weather is encountered, the last dynamic risk assessment finds a major issue rendering the race unsafe, number of runners exceeding 700 limit, a "no show" for medical provision, and unsafe parking of cars around the immediate area of the school causing obstructions to householder and the route race.

#### Parking

**The School car parks will be closed until 0900** except for Disabled Drivers, Race Officials, and cars with 3 or more occupants only. There is no off-site parking and with the numbers expected we will have to be very strict for the parking control.

(Please note that there is road closure on the A50 at County Hall over the weekend of the race for awareness of travel arrangements – worth checking for travel arrangements).

Also **all race car park exits will be closed until 1130**. We ask that cars do not leave the parking until after the race has finished. However if there is a need to leave before the race has finished car drivers will be requested to leave in direction of Thornton ie turn left to minimise the danger to runners still finishing the race.

### Safety

Please remind runners of increased risk of hypothermia ('exposure') for running at this time of year and adjust clothing and preparations as needed. The weather forecast is light cloud and likely temperature of 2C with a low of possibly -1C.

The age restriction is 17 years and above for runners. The major "risk" presented by runners themselves is from those that take their cool-down in the direction of the oncoming race runners. This is dangerous due to oncoming traffic and is a likely "disqualification" for any runner that ignores the marshals' directions, reminder on the day at each club registration desk, and awareness from your own club briefings.

### Fire

There is no planned Fire Drill. The evacuation point is the field behind the School Gymnasium.

We very much want to provide a safe and enjoyable event for the league runners and look forward to seeing you all on Sunday 17 January 2016.

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