

## RACES 2009

SAT 14 NOV NORTH MIDS X-COUNTRY LEAGUE (WEST GLEBE PARK, CORBY)  
SUN 15 NOV HEANOR 10K (HEANOR DERBY)  
SAT 21 NOV LEICS + RUTLAND SECONDARY SCHOOLS X-COUNTRY RELAYS (LUTTERWORTH)  
SUN 22 NOV DERBY RUNNER LEAGUE X-COUNTRY  
SAT 5 DEC LEICS PRIMARY SCHOOLS X-COUNTRY LEAGUE (WESTERN PARK)  
SAT 5 DEC NORTH MIDS X-COUNTRY LEAGUE (BERRY HILL PARK, MANSFIELD)  
SUN 6 DEC DERBY RUNNER LEAGUE X-COUNTRY (AYLESTONE MEADOWS)  
SAT 12 DEC LEICS + RUTLAND SECONDARY SCHOOLS X-COUNTRY LEAGUE (MELTON COUNTRY PARK)  
SUN 13 DEC KEYWORTH TURKEY TROT (KEYWORTH HALF MARATHON)  
SUN 13 DEC EUROPEAN X-COUNTRY CHAMPS (DUBLIN IRELAND)  
MON 28 DEC SOUTHWELL 10K

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SAT 9 JAN LEICESTERSHIRE COUNTY X-COUNTRY CHAMPS (BROCKS HILL PARK, OADBY)  
SUN 10 JAN DERBY RUNNER LEAGUE X-COUNTRY (BAGWORTH HEATH, DESFORD)  
SAT 16 JAN NORTH MIDS X-COUNTRY LEAGUE (WOLLATON PARK NOTTINGHAM)  
SUN 17 JAN LEICESTER ROAD RUNNING LEAGUE. ASHBY 5  
SAT 23 JAN LEICS = RUTLAND COUNTY SCHOOLS X-COUNTRY CHAMPS (RATCLIFFE COLLEGE)  
SUN 24 JAN LRRL. BARROW 6  
SUN 30 JAN MIDLAND COUNTIES X-COUNTRY CHAMPS (STAFFORD COMMON)  
SUN 31 JAN DERBY RUNNER LEAGUE X-COUNTRY (GRACE DIEU MANOR, SHEPSHED)  
SUN 7 FEB CHARNWOOD HILLS RACE (13 MILES X -COUNTRY)  
SUN 14 FEB ST VALLENTINES DAY 30K (STAMFORD)  
SUN 14 FEB DERBY RUNNER LEAGUE X-COUNTRY (MARKET BOSWORTH)  
SUN 21 FEB LRRL . FLECKNEY + KIBWORTH 6  
SAT 27 FEB BELVIOR CHALLENGE 15/26 MILES (HARBY)  
SAT 27 FEB NATIONAL X-COUNTRY CHAMPS (ROUNDHAY PARK, LEEDS)  
SUN 28 FEB DERBY RUNNER LEAGUE X-COUNTRY (SINAI PARK)  
SUN 7 MAR LRRL . STILTON 7  
SAT 13 MAR INTER COUNTIES X-COUNTRY CHAMPS (NOTTINGHAM OR BIRMINGHAM , TBC )  
SUN 14 MAR LRRL. MARKFIELD 10K  
SUN 14 MAR SILVERSTONE HALF MARATHON  
SAT 20 MAR ARRIVA ENGLISH SCHOOLS NATIONAL X-COUNTRY CHAMPS (HEATON PARK, MANCHESTER)  
SAT 20 MAR MIDLAND 12 + 6 STAGE RELAYS (SUTTON PARK, SUTTON COLDFIELD)  
SUN 21 MAR LINCOLN 10K  
SAT 27 MAR CHARNWOOD MARATHON 15/27 MILES (QUORN)  
SUN 28 MAR WORLD X-COUNTRY CHAMPS (POLAND)  
SUN 28 MAR LRRL. DESFORD 10K  
SUN 11 APR DERBY 10K  
SUN 11 APR BELVIOR HALF MARATHON ?. TO BE CONFIRMED.  
SUN 25 APR VIRGIN LONDON MARATHON  
SUN 9 MAY HINCKLEY HALF MARATHON  
FRI 4 JUN NOTTS 10 ? .T.B.C  
SUN 6 JUN LRRL. SWITHLAND 10K  
SAT JUN 12 WOLLATON PARK 10K  
SUN 27 JUN LRRL. PRESTWOLD 10K  
WED 7 JUL LRRL. HUNGARTON 7  
THU 8 JUL WHISSENDINE 6 ?.T.B.C  
WED 4 AUG LRRL. HUNCOTE 5  
SUN 5 SEP LRRL. WIGSTON PHOENIX 10  
SUN 12 SEP ROBIN HOOD MARATHON + HALF ? T.B.C  
SAT 25 SEP MIDLAND 6 + 4 STAGE RELAYS (SUTTON PARK)  
SUN 26 SEP MIDLAND YOUNG ATHLETES RELAYS (SUTTON PARK)